

NEWS LETTER

From

JOHN PAUL SUTTON

JOHNS WAX ART READINGS

www.johnswaxart.com

MAY 2010

Hi to all

Welcome to the newsletter for May 2010

It has been October since my last Newsletter and it is time for me to get back into sending the Newsletters out again on a regular basis.

Since October I have been very busy in finding me in a energetically stronger way. In October I opened my heart to love someone and having them reject me. This was a wonderful learning curve for me in finding myself in a stronger way and to prepare me for what was coming. That is in February I had someone move in as a boarder and by March we both realised that we were falling for each other. As a result I am now in a beautiful loving relationship.

I will be in Sydney Mind Body and Spirit in May and Melbourne and Brisbane in June. I hope to see those of you that can make it to the festivals. Remember that if I have done a life journey painting for you I can do a 12 month painting for you as a follow on from your last painting. Also I am available for parties. The parties are a fun day where you get a gathering of friends together and all get readings and paintings done.

Any other details that you may require about what else I am able to do go to my web page www.johnswaxart.com and you can find the details there

In Love and Light

John

INSIGHT FOR THE MONTH

MAY 2010

The process for this month is about another way of letting go. When there are things happening around you and you are feeling fearful with all of the jumbled thoughts going around and around in your head this process will help

LETTING GO WHEN FEARFUL

What I recommend to do when your head is thinking overtime and you are feeling fearful and not finding the clarity in what is happening and fear is debilitating you from making decision so as you can move forward is to do this simple but powerful affirmation.

What you need to say out loud three (3x) times in order to let go of the fear is.

“LET FEAR BE GONE LET LOVE BE IN ITS PLACE”

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This process may seem very simple but you will find that it will give you a loving feeling in the heart and have the fearful feeling abate.

Remember this process is only to help abate the fear so as you can find the strength to look at why the fear was there in the first place

Once you have completed this process you will feel a sense of relief, as if you have lifted a big weight of your shoulders.

If this process is done on a regular basis you will find that it will help you to be free within yourself

FESTIVALS

Festivals That I will be attending in

May and June 2010

MIND BODY SPIRIT, Sydney, NSW

10am to 7pm

Thursday 13th to Sunday 16th May

Hall 1 Sydney Convention and Exhibition Centre

Darling Harbour

www.mbsfestival.com.au

WHITE LIGHT FESTIVAL, Gold Coast, Qld

Free Entry

10am to 6pm

Saturday 22nd to Sunday 23rd May

Albert Waterways Community Centre

Corner Hooker & Sunshine Boulevards, Broadbeach

www.whitelightexpos.com

MIND BODY & PSYCHIC, Adelaide, SA

10am to 7pm

Saturday 5th to Sunday 6th June

Adelaide Showground

www.mind-body-psychic.com.au

MIND BODY SPIRIT, Melbourne, Vic

10am to 7pm

Friday 11th to Monday 14th June

Hall 1 Melbourne Convention and Exhibition Centre

www.mbsfestival.com.au

MIND BODY SPIRIT, BRISBANE

10am to 7pm

Friday 25th to Sunday 27th June

RNA Showgrounds Brisbane

www.mbsfestival.com.au

Festivals That I will not be able to attend in

May and June 2010

Whispering Butterflies Psychic Fair, Wauchope

10am to 4pm

Saturday 15th May

Wauchope Rotary Youth Hall

www.roxanne.com.au

Whispering Butterflies Psychic Fair, Laurieton

8am to 4pm

Sunday 16th May

Camden Haven Scout Hall

www.roxanne.com.au

Whispering Butterflies Psychic Fair, Nelson Bay

10am to 5pm

Saturday 13th to Sunday 14th June

Tomaree Community Centre

Town Centre, Salamander Bay

www.roxanne.com.au

Doyalson-Wyee Psychic & Alternative Fair

10am to 5pm

Sunday 13th June

Doyalson-Wyee RSL Club

Pacific Highway, Doyalson

Lambeth Bennett 43931100

There are no other festivals that I am aware of

Contact details

Web Page www.johnswaxart.com

Email john@johnswaxart.com

Phone 02 43331857

