

NEWS LETTER

From

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JOHNS WAX ART READINGS

www.johnswaxart.com

OCTOBER 2009

Hi to all

Welcome to the belated newsletter for October 2009

October has been once again a busy time, being at the Health Harmony and Soul Festival in Brisbane, then several smaller festivals.

I have started it, my book is under way. I was constantly being asked where all the processes that I used could be found. Well they will be all in my book when it is finished. The first chapter is about my life journey, getting lost to get found. I will let you all know when it is finished

The energy for October has been intense. It has all been about love, the love of self and the love of others. So if you have been feeling a little off put by the energies find the love in your heart, so as to rise above the heaviness that you are feeling

Lynn has made this amazing cloak to go with the staff (Stick only) that I go in Bunburry and that I varnished and placed crystals on.

In Love and Light

John

Photos at Health Harmony and Soul Festival Brisbane.

1:- At stall in my cloak

2:- Robbie Nacson, me in cloak, Ethean Soule



INSIGHT FOR THE MONTH

OCTOBER 2009

The process for this month is about another way of letting go. When there are things happening around you and you are feeling confused with all of the jumbled thoughts going around and around in your head this process will help

LETTING GO - Journaling

What I recommend to do when your head is thinking overtime and not finding the clarity in what is happening is to journal. To write about what is troubling you, letting out all of your feelings about the situation that is happening. Look for the mirrors that what the inner child has taken on. Do forgiveness's, and write about what ever emotions are affecting you at the time

Read over what you have written (You will find that you have more clarity on the situation)

Go out to the garden and dig a hole

Screw up the journal notes and place in the hole

Burn the journal notes, seeing the smoke going up to heaven, knowing that you have just handed the emotions etc over to God

Bury the ashes, knowing that you have let go of the emotions and it is all in God's hands as to the outcome you will receive.

This process may seem very simple but you will find that at first it may be quite hard to write down what is going on in your life, causing conflict within. However once you have completed this process you will feel a sense of relief, as you have lifted a big weight of your shoulders.

If this process is done on a regular basis you will find that it will help you to be free within yourself

FESTIVALS

Festivals That I will be attending in

November and December 2009

MIND BODY SPIRIT, Sydney

10am to 7pm

Thursday 5th to Sunday 8th November

Hall 1 Sydney Convention and Exhibition Centre

Darling Harbour

www.mbsfestival.com.au

HAWKESBURY SPIRITUAL CONNECTIONS PSYCHIC FAIR

10am to 4pm

Saturday 14th November

CWA Hall – Community Centre

West Market street Richmond NSW

[Karen Knowl 0402112076](tel:0402112076)

MIND BODY SPIRIT, Melbourne

10am to 7pm

Friday 20th to Sunday 22nd November

Hall 1 Melbourne Convention and Exhibition Centre

www.mbsfestival.com.au

DOYALSON –WYEE PSYCHIC ALTERNATIVE FAIR

10am to 5pm

Sunday 6th December

Doyalson-Wyee RSL Club

Pacific Highway, Dyalson (Central Coast)

[Lambeth Bennett 0243931100](tel:0243931100)

Festivals That I will not be able to attend in
October and November 2009

There are no other festivals that I am aware of

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